

ANNA SVETCHNIKOV

Anna Svetchnikov, LMFT, an esteemed Marriage and Family Therapist, Mental Health Advocate, and Author, is recognized for her exceptional contributions to teaching and professional training in mental health. With over 15 years of experience, Anna's expertise extends beyond therapy sessions to empowering a broader audience through education. She is scheduled to teach with PESI, the board of Florida mental health counselors, and the board of marriage and family therapists.

In addition to her clinical practice, Anna's role as an educator takes center stage as she prepares to present her innovative framework at two prestigious international events. The first is the IAMFC World Conference in St. Petersburg, Florida, in February 2024, followed by the World Family Therapy Congress in Toyama, Japan. These opportunities highlight her commitment to sharing knowledge and promoting mental health awareness on a global scale.

A dynamic presenter, Anna has appeared on major media networks like PBS, FOX, ABC, and NBC. She is a prolific author with over 30 books addressing various aspects of mental health and wellness for children, adolescents, teens, and adults. Her dedication to destigmatizing mental health issues led her to establish the non-profit "I Care We All Care."

Anna's achievements include numerous awards in the mental health field and being named one of Boston Business Journal's '40 under 40.' and Top Licensed Marriage and Family Therapist of the Year 2021. Her educational background comprises a BS in Psychology and a Master's degree in Marriage and Family Therapy from UMass Boston. She is currently pursuing a Ph.D. in Clinical Sexology from MSTI, further underlining her commitment to advancing mental health education and practice.



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SPEAKING ENGAGEMENTS



- **February 1-3, 2024 | St. Petersburg, FL** – 2024 IAMFC World Conference where Anna will present: Unraveling the Identity Triad: A Comprehensive Framework for Family Therapy.

Welcome to CFAMFT!

- **February 8, 2024 | 1:00 PM** – Central Florida Association for Marriage & Family Therapy (CFAMFT). Love in the Time of Tech: Addressing Digital Discord in Couples Therapy. (Online CEU Course).



- **February 21, 2024 | 10:00 AM - 1:00 PM** – Digital Mental Health: Opportunities and Challenges for Counselors in the Digital Age (Online CEU Course).



- **April 8-13, 2024 | Toyama, Japan** – Anna's newly developed framework "Unfolding the Layers of Identity: An Integrative Approach to the Tripartite Personas in Family Therapy." will be presented at the 2024 IFTA World Family Therapy Congress in Toyama, Japan.



June 2024 | PESI – Love in the Time of Tech: Addressing Digital Discord in Couples Therapy. This workshop will provide therapists with an understanding of the complexities these issues present, along with effective strategies to assist couples in overcoming technology-related conflicts.



- **May 2025 | WE Believe Saint John** – Anna has been invited as a Keynote Speaker at the WeBelieve conference in St John, Canada, sharing her insights and experiences with a diverse audience of mental health professionals and advocates.



- **November 9, 2023 | Chicago, IL** – Anna has been welcomed to present at the 34th Annual National Federation of Families (NFF) Conference for Advancing Social Justice, Equity, and Inclusion for Families and their Children on November 9th - 11th 2023 titled "Shaping the Future: Integrating Technology to Support Families and Children with Mental Health and Substance Use Challenges."



- **November 3, 2023 | Boston, MA** – The Annual New England Association for Family and Systemic Therapy Conference will feature Anna Svetchnikov as a presenter highlighting couples and family therapy titled "Sharing More Than a Bed" on October 20, 2023, at William James College.



- **October 2023 | Kansas City, MO** – Anna will be presenting her work on "The Emotional Intelligence Compass: Guiding Families on a Journey of Growth" for the 2023 National Family Engagement Summit.



- **18th Annual Turn on the Light Conference** on the Wellbeing of Children and Families conference - April 27, 2023



American Association for Marriage and Family Therapy

- **MAMFT Presenter 2017 & 2018:** Anna presented at the Massachusetts Association for Marriage and Family Therapy conferences, sharing her expertise and insights with mental health professionals from around the world.



NEWS & MEDIA



July 2023 | PBS - Dr. Angela Williamson delves into children's emotional well-being with Anna Svetchnikov.



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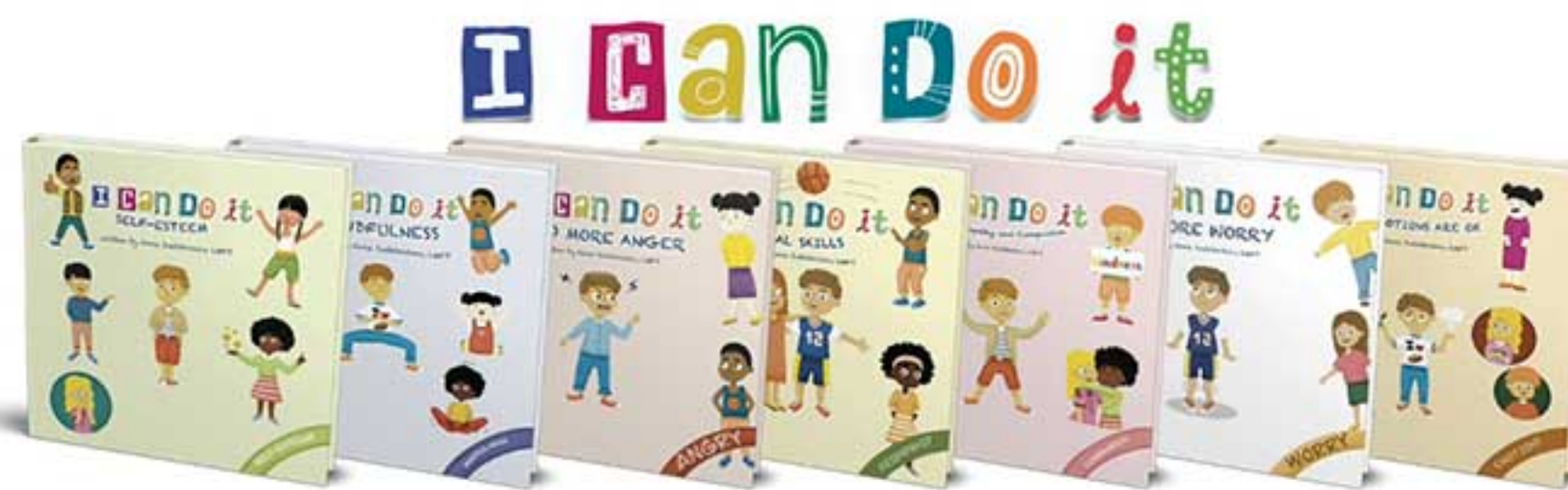
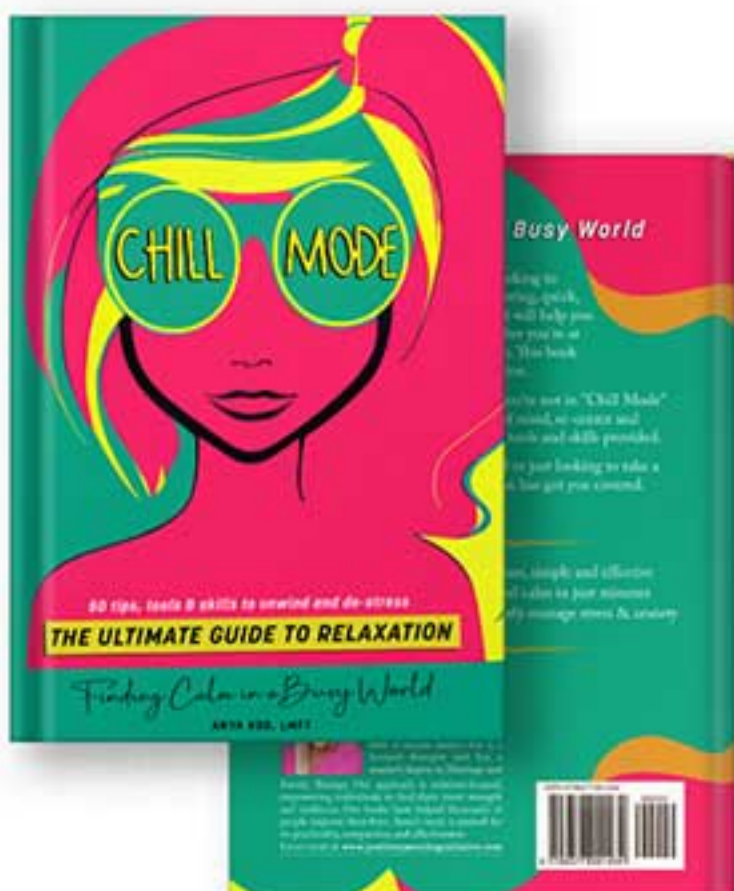


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